

WEDNESDAY, NOVEMBER 13, 2019

PAWS SCHEDULE

1st Bell 7:25

1st 7:30 – 8:20

2nd 8:25 – 9:20

PAWS 9:20 – 9:50

3rd 9:55 – 10:45

1st Lunch 10:50 – 11:20

4th 11:25– 12:15

4th 10:50 – 11:40

2nd Lunch 11:45 – 12:15

5th 12:20– 1:10

6th 1:15– 2:05

Buses Depart 2:12

BRUIN HAPPENINGS

11/13 ~ World Language Assessment

11/13 ~ Class of 2020 Photo @ PAW - Gym

11/13 ~ Class of 2023 Speeches @ PAWS - Cafeteria

11/13 ~ Staff Meeting - 1.5 hours

11/15 ~ LIF - Admin Directed

11/15 ~ Senior Quotes Due

11/15 ~ Spikeball Tournament

BRUIN SPORTS

STAFF & STUDENTS

- Okay Bruins, Winter sports being this next Monday. Be sure to get your forms filled out on Ran One. In addition, make sure you have a current sports physical on file with Mrs. Covert in the athletic office, no fines and an ASB card purchased. Starting Thursday, Mrs. Covert will have clearance lists posted outside her office...don't wait though.
- It is not late to start your journey to self-discovery! Join Ignite Wednesdays after school in room 619. Heal your past, claim your present and transform your future.
- Class of 2020 on Wednesday, November 13th during PAWS in the gym. Make sure to wear grey for the picture.
- If you're an artist or writer, consider submitting your work to Tyro, Cascade's literary and art magazine. By submitting your work to Tyro, you get the opportunity

to receive a critique of your art or your written pieces, as well as the possibility of having your work published in our yearly magazine. Tyro club meetings are on Tuesdays and Thursdays in room 614. Tyro now also has merchandise for sale, with designs ranging from Tyro t-shirts to Dungeons and Dragons stickers. Talk to Mr.Cane in room 614 or anyone in a light blue Tyro hoodie for more information about how to submit your work or buy merch.

- Bruins! Do you like to play Spikeball? Well here's something for you! Grab a friend and sign up for the 2 vs. 2 Spikeball Slamfest tournament! The participation fee is \$5 with asb and \$7 without asb per person. Packets are outside of the Activity Center and are due back with payment to our treasurer, Ms. Sandico, no later than Tuesday, November 12th. Spike ball Slamfest will take place on Thursday, November 15th in the Cascade Gym. Warm ups begin at 2:30 and the tournament starts at 3:00. Sign up today!
- Attention all seniors! Senior quotes are due Friday, November 15th. If you have any questions about submitting your photo or quote, please visit the Cascade High School website, click on the student tab, then click on the yearbook tab. You can also visit Mr. Sibley in room 420 for any questions.
- Link to CHS Yearbook for more information about senior portraits, quotes, and grad ads www.everettsd.org/domain/143. **Quick Deadlines Yearbook:** Senior Quotes are due before: **November 15th**, Senior Grad Ads are due before: **March 5th**

Quote for the day: Starting today, I need to forget what's gone, appreciate what still remains and look forward to what's coming next.

LUNCH MENU

WEDNESDAY ~ Asian Cuisine

THURSDAY ~ Chicken Drumstick with a Warm Biscuit

FRIDAY ~ Chef's Choice